



Boys & Girls Clubs
of Edmonton
A good place to be



New Canadian Parents Meet up Group

- Are you new to Canada?
- Are you finding it difficult to adjust to a new culture?
- Are you facing some parenting issues and not sure what to do?
- Do you need help in finding resources for the smooth transition into Canada?

New Canadian families in Canada can face many issues complicating their adjustment to the new culture. Boys & Girls Clubs of Edmonton offers a cross-cultural parent support group that assists immigrant parents who are facing the additional challenge of parenting in a new country and culture. If you are new to the country then this New Canadian Parents' meet up group is the right place for you to come and meet other parents, to share and learn new skills and to connect with local community resources.

- Professionally facilitated FREE support groups for immigrant parents of all ages and cultures.
- Group facilitator is able to speak Hindi, Punjabi, Urdu, and English.
- Free childcare and light meals for participants.
- New Canadian parents meet up group offered Fridays 1:00 – 3:00 pm
- Program offered at Mill Woods Town Centre public library (2331-66 Street).

For more information about this program, please call:

Fatima Rasool

Parent Talk Facilitator

(780) 233 5938

frasool@bgce.ca